



LAP POOL SCHEDULE

Effective October 15th, 2009

Ph: (530)753-5282

Subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45A-6:45A Masters		5:45A-6:45A Masters		5:45A-6:45A Masters		
8:00A-9:00A Masters	8:45A-9:45A Masters	8:45A-9:45A Masters	8:45A-9:45A Masters	8:00A-9:00A Masters		
					9:00A-10:00A Masters	9:00A-10:00A Masters
10:00A-11:00A Aqua Aerobics	10:00A-11:00A Aqua Aerobics	10:00A-11:00A Aqua Aerobics		10:00A-11:00A Aqua Aerobics		
					10:30-11:30A Aqua Aerobics	
12:00P-1:00P Masters	12:00P-1:00P Masters	12:00P-1:00P Masters	12:00P-1:00P Masters	12:00P-1:00P Masters		
	4P-6P DAC Swim Sch Stroke Clinic 4 Lanes Open					4-5P Aqua Aerobics
6:00P-7:00P Masters		6:00P-7:00P Masters		6:00P-7:00P Masters		
10:30P Pool Closed	10:30P Pool Closed	10:30P Pool Closed	10:30P Pool Closed	10:30P Pool Closed	8:30P Pool Closed	8:30P Pool Closed

Lane Availability: Lane sharing is observed at DAC.
 Aqua Aerobics may use up to 4 lanes leaving 2 open.
 Masters may use all lanes, ask coach if lane available.